

Navajo/Apache Regional Partnership Council

Narrative Report Highlights - State Fiscal Year 2013, Quarter 1

Early Literacy

"I was able to attend a wonderful 2-day workshop on Fatherhood and Paternal Involvement in August that was arranged by a local FTF grantee. This was very helpful, especially since I am working with educational staff of the Navajo County Jail to develop an early literacy program for fathers who are incarcerated in Holbrook."

Healthy Steps

North Country

"Health Steps has expanded into the North Country St Johns clinic! We have hired local talent, Niki Butler to fill the Healthy Steps position in that area. Niki is ambitious, embedded and well known in the community, and we believe she will be a great asset to program.

Healthy Steps Specialist at Summit Hospital: The two programs are working together to ensure as many children as possible are served. The handoffs have been good, there is a solid and expanding relationship between North Country and Summit and the process is working very well."

Summit Healthcare

"During this period, a new Healthy Steps Specialist has been hired and trained enabling us to expand our services into additional physician offices in the area and to increase home visits, namely in Apache County. We have expanded our data base to better fit our needs and to enhance data collection. Also over the past quarter, we have had the opportunity to increase outreach throughout the region via the Summit Healthcare Medical Van. The Medical Van has allowed us to increase our outreach to underserved communities in our region.

Over the past quarter we have seen 138 families for the Newborn Observation in the couplet care of Summit Healthcare, 224 in the pediatric well-care setting, 30 in the Healthy Steps Office for individual consultations and playgroups, as well as completed 12 home visits in Navajo and Apache Counties."

Nutrition Education

"We have begun using an additional curriculum to help support the Eating Right is Basic curriculum. Eat Right for Life is another curriculum that is based on the recommendations from the USDA that is better geared towards classes that are more diverse-in both age and ethnicity-it also is available to us in Spanish, which has been an issue with the Eating Right is Basic curriculum. In addition, this curriculum is more interactive, it has activities that engage the participants such as word games, menu builders, and physical activity. The Eat Right for Life curriculum is also better designed for classes where we have limited time for instruction, these lessons are designed to take place in 30-45 minutes, where the Eating Right is Basic curriculum has to be drastically pared down in order to fit under 1.5 hours."

Oral Health Dental Screens and Fluoride Varnish

"This quarter NCPHSD was able to provide oral health training to 17 providers, 58 parents and 78 children.

The NCPHSD Oral Health Program has exceeded its contracted number of fluoride varnish applications for this quarter. The total contract is for 1,200 fluoride applications or 300 per quarter. 419 applications were provided. In addition NCPHSD is on track to meet the contracted number of 55 for training provided to child care providers."

Recruitment in the Field

"Describe collaboration efforts that have been undertaken or are continuing during the reporting period. Describe the nature of the collaborative effort and who potential or current partners are in the effort. Briefly describe anticipated results of the collaboration.

- NACOG Head Start and Early Head Start Centers
- Three Family Child Care providers
- Ms. Dinah's Place, Show Low
- Kidz Town, Show Low
- Discovery Zone, Show Low
- ABC Learning Center, Springerville/Eager
- Carousel Preschool, Snowflake
- White Mtn. Methodist Sprouts Preschool, Show Low
- Northland Pioneer College: Records & Registration Dept., Financial Aid Dept., Advising Dept., CIS Dept.

Anticipated results include increases in enrollment in early childhood and other college courses leading to increased professional development and the completion of certificates, degrees and/or the CDA (Child Development Credential) within the region in order to prepare staff members, parents and other caregivers to provide quality care for young children. To increase awareness and participation in TEACH, PCPP and other funding resources available to students to help them finance their educational goals."